

KEY NOTES



South Atlantic Region of National Garden Clubs, Inc.

January 2019
Volume 15, Issue 3

“The Beauty of Nature: Protect, Preserve, Enjoy ”

Inside This Issue

Director’s Message	1
State Presidents	2
Kentucky	
North Carolina	
South Carolina	
Virginia	
West Virginia	
Chairman Reports	5
Arbor Day	
Arboretum/Botanical Gardens	
Awards	
Birds	
Book Review	
Calendar—Vision of Beauty	
Gardens/Community Gardens	
Gardening Schools/Consultants	
Historic Gardens Restoration	
Media/Videos/DVD Programs	
New & Improved Cultivars	
National Garden Week	
Scholarship	
SAR Directors Project	
Youth—Girl Scouts	
Youth Proj. Smokey Bear/Woosdy Owl	
SAR Convention 2019	10
NGC News	11
Odds’n’Ends	12
Conv. Regis. Form	13

Key Notes issues

Key Notes will be published in early July, October, January, and April.

The deadlines for the respective issues are:

June 20

September 20

December 20

March 20

Please submit your articles by email, if at all possible, to mfloyd3570@aol.com
Subject: SAR Key Notes

THE DIRECTOR'S MESSAGE

The Beauty of Nature: Protect, Preserve, Enjoy "

Well, Happy New Year to all. I don't know about you, but I am glad all these holidays are finished. I am worn out from decorating and then taking everything down and putting it all away. Now, I just must figure out where I put the stuff I put away to put up Christmas. And it seems very strange for it to be 68 degrees in Charlotte at this time of year.

It is time to get back to our Garden Club business.

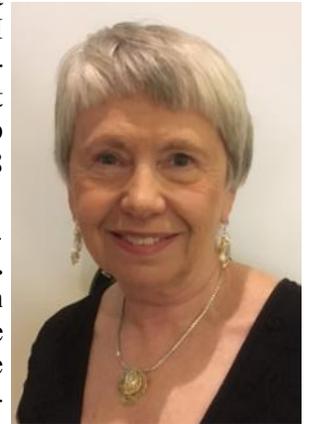
The SAR Convention is just around the corner. March 28-30, 2019 at the DoubleTree by Hilton Hotel in Williamsburg Virginia. The committee has put together some very interesting and unique programs for us to enjoy. And it is always wonderful to see garden club friends. So, get your registration forms mailed and your hotel rooms booked. Convention information is included in this issue of Keynotes.

Time is almost here for me to step aside for Carolyn McCafferty to take the reins as your Director for 2019 – 2021. We will be having an installation for her at the convention. I will still be your Director at the NGC convention in Biloxi in late April. NGCs year ends May 31 so that is why I will be going for SAR. I was asked about that, so I thought I would explain here in Key Notes.

Don't forget to send in your applications for the SAR Awards. **The deadline for all Award entries to get to the Regional Awards Chairman is January 25.** Further information is on our website.

As grumpy as I have been this holiday season an interesting and very nice thing happened to me recently. I was going through the Starbucks drive through line. When I got to the window to pay, the young woman said I did not owe anything. The man in the car ahead of me had paid for my order. A reminder that kindness jumps out when least expected.

Judy Barnes



State Presidents' Themes and Reports



The Garden Club of Kentucky, Inc. Paula Hyatt, President “Plant America—Kentucky”

The snow has fallen all weekend and it seems that our Kentucky Dept of Transportation is on the ball with clearing our roads. Beautiful cardinals and blue birds at the feeders in our yard plus squirrel footprints in the snow.

The GCKY quarterly executive meeting was held last week in Elizabethtown. Wonderful plans are being made for our annual meeting at Berea, KY. We will be headquartered in the oldest hotel in KY...Boone Tavern. Wonderful exhibits, flower shows, famous speakers, and great tours...come to KY and share your spring fun.

Before the spring fun in Berea, we will be clearing the yuck caused by winter. The downed limbs, scattered leaves, hay warmers, etc. will have to be removed, seedlings planted, spring flowers brought back outside,

and the list continues on and on. I have enjoyed being the Kentucky President: traveling from place to place, seeing old friends and making new ones. Each district has a different climate with different problems and fixes. I have had a most enjoyable 2 years of visiting and learning. Before Berea, several of our Kentuckians will be traveling to the SAR meeting in Williamsburg. Looking forward to the beautiful sights and wonderful weather. Hope to see many friends and gardeners there. Several of us have already registered and made travel arrangements. At the end of April we plan to travel again to the NGC meeting in Biloxi. Busy busy spring Hope to see all of you this spring, but especially in KY...From the Bluegrass, to the Lakes, to the Mountains. Come explore with us.

Paula Hyatt

The Garden Club of North Carolina, Inc., Gail Hill, President Theme: "Growing Forward Together to Plant America "



Happy New Years to All,

I'm ready to see the old year go and ready to see what the New Year brings, I hope! In North Carolina, as in other states in the southeast we've encountered two hurricanes, in my hometown of Greensboro, a tornado and over 64 inches of rain, a new record, plus we had a 14 inch snowfall on December 8th. Who would have believed it?

We're back to work getting award applications in, scholarship applications in, judged, etc. compiling our new Engagement Calendar, installing Blue Star/Gold Star Memorial Marker (we dedicated three November 9, 10 and 11 bringing our total to 102 in the state). Wow! Bless Andrea Little's heart, she came and

stayed the three days with us to help mark these special occasions. She got to travel to several parts of the state and was loved by all.

We're looking forward to another Landscape Design Course, Course III to be held February 11-12, 2019 at JC Raulston Arboretum, 4415 Beryl Rd. Raleigh, NC. 27606. Deadline for registration is January 21, 2019. For information, please call Linda McLendon, 919-736-1253. Instructors will be Gordon W. Chappell, FASLA, Jack Douglas, ASLA, Amy E. Strunk, Landscape Designer, PHD, Marshall Warren, Horticulture Extension Agent, Leslie Herndon, VP, Greenscape Operations.

Along with this we're looking forward to the SAR Convention in Williamsburg, VA in March, hosted by the Virginia Federation of Garden Clubs, Inc., the NGC Conven-

(Continued on page 3)

State Presidents' Themes and Reports (continued)

tion in Biloxi, Mississippi April 29 – May 2 and of course our GCNC Annual Meeting April 7-9 in Greenville, NC when we will be installing new officers.

We have a very busy calendar ahead of us and we look forward to seeing our old friends and making new friends, teaching new ideas and gaining new knowledge.

God Bless,

Gail Hill

The Garden Club of South Carolina, Inc.
Donna Donnelly, President
Theme: “Birds of a Feather Garden Together”



In October, 55 club members enjoyed a GCSC sponsored bus tour to Mt. Vernon, the White House, the US Botanic Garden and Monticello. GCSC has an interesting history linked to Mt. Vernon. Our own Pamela Ann Cunningham from Laurens, SC saved the mansion from total ruin in 1853 by starting the Mt. Vernon Ladies Association. Incidentally, the MVLA is the first national preservation organization and oldest women's patriotic society in the US! Ms. Cunningham carried out this amazing feat by calling on the women of America to raise \$200,000 to purchase the estate and lands. Then under her direction the MVLA undertook the restoration of the beautiful mansion of our esteemed First President and the rest is history! (What a woman!) If you have visited Mt. Vernon recently, you know the mansion has been accurately restored to what it looked like when Martha and George Washington lived there, right down to the turquoise wall paint in the large dining room! The group had a wonderful time visiting the many beautiful sites, mansions and stunning gardens and learning many interesting facts from the knowledgeable guides. They made new friends and enjoyed unbelievable food!

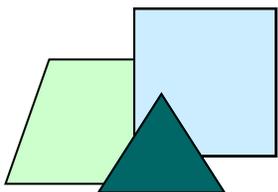
This past November, GCSC concentrated on our 2018 Memorial Garden Capitol Project. In partnership with

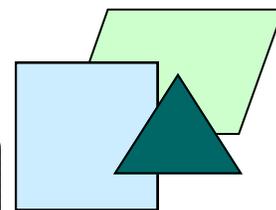
SCPRT (South Carolina Parks, Recreation and Tourism) needed improvements were made to the drainage and irrigation systems in the garden due to many years of storm damage and obstructive root growth. The Memorial Garden was deeded to GCSC in 1945 and truly is a beauty spot in the heart of Columbia, our state capitol. The garden, located in the SC Governor's Complex, is known for its serene and tranquil beauty and cathedral style plantings thanks to noted Landscape Architect Loutrel Briggs, who's remarkable sense of scale, harmony and talent to work wonders in limited spaces created our exquisite Memorial Garden. GCSC is proud to maintain and preserve the garden's beauty and legacy for generations to come. In 2020, GCSC will celebrate the 75th Anniversary of ownership of the Memorial Garden!

GCSC clubs are busy sending in many awards to our State Awards Chairman. Club members look forward to the upcoming Spring District meetings held in the seven districts where they will hear wonderful speakers, enjoy workshops and visit with friends across the state. All are welcome to join Flower Show School IV, February 18-20, 2019.

My best to you for a blessed, healthy and Happy New Year!

Donna Donnelly





Virginia Federation of Garden Clubs, Inc.
Marty Bowers, President
Theme: "Planting Today For Future Generations"

The busy holiday season is now behind us and as gardeners, we look forward to our favorite time of the year – spring. Spring is exciting as plants are awakening and garden clubs are planning their spring activities and projects.

Spring brings the flurry of District Meetings. It is such a privilege to be able to attend these meetings and hear the projects the districts and local clubs have been undertaking. Garden Club members do make a difference in their local communities. District Meetings always seem to have great shopping opportunities.

The Virginia Awards Committee has been evaluating the award applications and some of these will go forward to the South Atlantic Region to be judged there. Results of SAR award winners will be announced at the SAR Convention in March.

Blue Star Memorial dedications are being planned to be held in the spring in Shenandoah District and by the Moneta Garden Club in the Blue Ridge District.

Flower Show School, Course III was held in August at the Kirkley Hotel in Lynchburg. Flower Show School IV will be held February 25-28 at the Four Points by Sheraton Hotel in

Henrico, VA. Landscape Design School, Course IV was held at Lewis Ginter Botanical Gardens, October 1-2, 2018. Landscape Design School, Course I, Series XXVIII will be held April 8-9, 2019 at Lewis Ginter Botanical Garden in Richmond, VA. A wonderful Symposium was held November 13-15 also at the Four Points by Sheraton in Henrico, VA. All SAR garden club members are invited to attend any Virginia school.

Have you made your reservations for the upcoming SAR and VFGC Conventions? Chairmen, Mary Dixon and Loy Holt have been busy planning the 2019 SAR Convention at the Double Tree by Hilton in Williamsburg, VA, March 29-30 followed immediately by the VFGC convention March 31 – April 2, in the same location. Plan to come early to tour Williamsburg and plan to stay for the VFGC Convention where National President, Nancy Hargroves will be the honored guest.

Enjoy spring and I hope to see you all at the SAR Convention in Williamsburg. Williamsburg is absolutely beautiful in the spring!

Marty Bower

West Virginia Garden Club, Inc.
Carolyn McCafferty, President
Theme: "Opening the Doors to the Future"



"Isn't it wonderful? A new year lies before us, like the soil in our gardens, waiting to be planted!"

I am excited to see what 2019 will bring!

With this new year, we have been given the opportunity to start out fresh. And West Virginia Garden Club is doing just that!

Here are just a few programs that are happening in our state: Although, we cancelled our Flower Show School in 2018, we are excited with the plans we have made for our 2019 Flower Show School! We are starting over with Course 1, to make it available to everyone, we are making the costs affordable, and we have set the dates for August 1st, 2nd, and 3rd, in Moundsville. Watch for more details to come.

We are excited to have our convention in Martinsburg, this spring. While we are there, we are giving the opportunity to tour the Gateway Children's Garden to everyone attending.

Free of charge! (It is the only children's garden in West Virginia) The dates for this event are March 21-23.

Our Landscape Design School, under the direction of Jan Mitchell. (who does a terrific job!) will be offering Course 4, Series 12, on May 15 and 16th. It is always a wonderful learning experience.

We have revamped our 'newsletter' *the Garden News*. We have changed printers and have set up our mailing to be more efficient and informative for our members.

We have a new club in the Huntington area on probation--*how wonderful is that?* While another club, near Parkersburg, is looking into being re-instated.

Didn't I tell you?--here in West Virginia, great things are happening!

And the SAR Convention, this spring--I am looking forward to new beginnings there! I think great things will be happening there, too!

I wish for you, in this new year: joy, peace, and happiness!"

Carolyn McCafferty

Chairman Reports

ARBOR DAY

Geneva Hunt

325 Ewell Rd. Williamsburg VA 23188-2186
757-565-1694 genevahunt@cox.net

Are any of your garden clubs doing anything special to celebrate Arbor Day this spring? We need to promote Arbor Day by planting trees or other plantings or by cleaning up an area or any other way to promote Arbor Day. Many of our students (and maybe some parents) don't know about the history of this day and how our projects can help our environment. After planning and/or carrying out your celebration, try to get publicity for your club and state while celebrating in your own way. Try to involve other groups with you. This could become a community project.

This visibility could be a chance to open a door to a new member, too.

Let this chairman know what you did. She would like to hear from clubs and states so she can highlight some of the activities. She heard only from several clubs/Councils in Virginia. We know there were lots more! They were not reported to this chairman for recognition!

ARBORETUM/BOTANICAL GARDENS

Mary Reeves

170 Cabbage Patch rd. Saluda NC 28773-9760
828-749-9809 reevesmary3@gmail.com

For this New Year, I am deliberately straying from the 'Arboretum and Botanical Gardens' designation!

I live on the North Carolina /South Carolina border just 9 miles from SC and in an area of Spring ephemerals and also forest coves. Here there are many jewels of nature to explore common to both upstate of SC and Western North Carolina. Two of these areas are so special you must put both on your 'Bucket List'.

Bullington Gardens, once the nursery of Bob Bullington, is a public botanical garden on 12 acres of rolling land providing hands-on education in horticulture and other sciences to children and adults alike. A special mission of this organization is the brain child of John Murphy, Director to establish not only the expanded home and greenhouses of Mr. Bullington but to institute a program of Horticultural Therapy for the challenged, from 2nd grade through age ??85! Please go to the website to see actual photos. 95 Upper Red Oak Trail Hendersonville NC 28792. Monday-Saturday 8:00a.m.-4:30p.m. (828) 698-6104 website: bullingtongardens.org There is no fee to tour the garden, but donations are gratefully accepted. Bob Bullington who was a NY City policeman had a true passion for horticulture, which he finally pursued full time after retiring when he moved to Hendersonville with his wife Sally, and founded Flora Knoll Farms in 1979. He operated the ornamental nursery until his passing in 1989. He had a vision for introducing new and unusual plants in to the nursery trade that included native azaleas, new varieties of mountain laurel and trees from Asia, mature examples of which can be found in the gardens such as a variety of Japanese maples, Tanyosho Japanese red pine, kousa dogwoods, Japanese stewartia, paper bark maple and Japanese

pagoda tree. Other specimen plants include a Sargeant's weeping hemlock, double flowering dogwood, big leaf magnolia and yellowwood.

After his death, the Bullington property became the Bullington Horticultural Learning Center, owned by the Henderson County Education Foundation (HCEF) and leased to Henderson County Public Schools HCPS). Today Bullington Gardens is a partnership of HCPS and the NC Cooperative Extension.

Pearson's Falls and Glen Pearson's Falls and Glen is a top natural attraction in Polk County, NC, hosting over 20,000 visitors each year. We are located in the foothills of Western North Carolina off Hwy. 176, between the towns of Tryon and Saluda. 2748 Pearson Falls Road, Saluda NC 28773. pearsonsfallsinfo@gmail.com (828) 749-3031. The Falls are open 7 days a week. Check the website for winter hours, Nominal admission of \$5 per adult and \$1 for ages 6-12 (under age 6, no charge).

We are proud to be designated as a North Carolina National Heritage Site of the Blue Ridge National Heritage Area and a North Carolina Birding Trail Site.

This unique botanical preserve is comprised of 268 acres of rich cove forest, granite, spring-fed streams, and a moderate 1/4 mile trail to a 90 ft. waterfall. We boast having over 350 species of rare wildflowers and plants. Mosses, lichens, shrubs, and a variety of trees reside in this Glen, which is classified as a deciduous climax forest. Pearson's Falls is a perfect stop when visiting the area. We have picnic facilities and can accommodate all types of groups and cyclists.

Pearson's Falls is owned and maintained by The Tryon Garden Club, member of Garden Club of NC and NGC, Inc. a non-profit 501(c)(3) organization.,

AWARDS

Sharon Jones

85 Surber Dr. Moneta VA 24121-3449
540-719-2466 toddie1904@aol.com

By now your award applications have been judged at the state level and sent to SAR or NGC if applicable.

Want to know who receives SAR awards for the work done in 2018? Well, you have to wait until March 30 at the South Atlantic Region Convention in Williamsburg VA.. Be there to see if your club is a recipient or other clubs in your state.



Key Notes

January 2019

www.southatlanticregiongardenclubs.org



BIRDS

Betty Gorrie

182 Corn Tassel Trail Stoneville NC 27048-7522

336-623-0633 bettys_garden@hotmail.com

SETTING THE TABLE

For the birds, of course. Winter is a hard time for our feathered friends and we can make it a little easier for them by putting out some of their favorite foods. High on their list (besides berries on our trees and bushes) would be suet, peanuts, thistle and black-oil sunflower seeds. You can also spread peanut butter on the bark of your trees. They also need protection from predators and the cold winter winds. Once discarded, a real Christmas tree can be placed near the feeders that the birds can use for these purposes.

NOTE: Coles Birdseed, sold at most Ace Hardware Stores has one variety that is “hot” as in cayenne pepper hot. Birds have no taste but our little furry pest, aka squirrel, has a sense of taste and will get quite a “tang on the tongue” and soon learn that this is not for them. Fill your feeders in the late afternoon. This will provide a boost in their energy before they roost for the night. Remember, the seed and suet are proteins sources to help keep them warm.



BOOK REVIEW

Susan Hooper

8501Greencastle Dr. Charlotte NC 28210

704-552-5673 susanhhooper@att.net

Succulent Container Gardens by Debra Lee Baldwin

Timber Press; published 2010; ISBN 078-0-88192-959-1

If you could be described as busy or lazy, experienced or inexperienced, copycat or creative, homebody or traveler, young or old you just might be the right person to consider adding succulents to your garden. Since succulents are plants that store water in tissue, they are drought tolerant. Many succulents are not frost proof but can easily be grown outside in summer and carried inside in winter. Their variety of sizes and shapes provides designing opportunities that make up for limited bloom. Most can survive in periods of neglect longer than other annuals or perennials; overwatering can be more of a detriment than under watering. Availability of unusual cultivars has increased as even the big box stores have expanded their product lines. This leaves us at the point of asking, “why

not grow succulents?”

Ms. Baldwin’s book is packed with illustrations, plant descriptions, growing guides, professionally created containers that will educate the gardener and inspire the designer to create a unique, planted container. What can you expect to find in this book to give you confidence and peak your interest? Here are a few of the ideas.

Succulents grow well in a variety of containers ranging from a teacup to a one of a kind large vessel. Variety in color and design is an advantage since succulents come in a variety of greens and forms ranging from spiky to smooth and rounded.

When shopping for plants, be sure to take the pot you will plant them in with you. This allows you to play with a combination of shapes and colors.

Group smaller pots together on a mat or stone to get the look of a single arrangement.

Flea markets, antique stores and garage sales are sources of reasonably priced one of a kind containers. An old flour sifter, a child’s fire engine, a rusty wagon, a shell or a well-worn basket can have new life as a plant container. Your imagination can make it happen.

If you think of succulents as those “hen and chicks” that you have seen for many years, then you will be surprised to find a wide variety of succulents are readily available. From the Christmas cactus to the Kalanchoe to the ice plant to the barrel cactus there is a wide variety of colors and bloom times. If you have wondered about the small cactus in many big box stores with the colorful cactus on top, you might be interested to know it is actually two cactus that have been grafted; moon cactus on top of hylocereus.

With succulents in hand, you may want to shop for companion plants. Take into consideration that these companions should thrive in similar light and moisture conditions as the succulents. Ms. Baldwin provides a list and pictures of specific plants. Some of these are bromeliads, cordyline, sea lavender, helichrysum, and grasses.

This book is filled with suggestions for integrating your succulents, whether in container or not, into your gardens. An old bird bath that no longer holds water is filled with sedum, sempervivums, crassula and aeoniums. A step ladder displays a collection of succulents and adds height and interest into a border. An old bathtub, painted blue and filled with soil holds a large collection in a whimsical garden bed. An old soda pop bottle carrier provides for an orderly arrangement. A wreath of succulents can serve as a centerpiece or hung on a gate or wall.

The book concludes with a practical guide to working with succulents that can sometimes be prickly, shallow rooted, top heavy or awkward. She provides information about soil, fertilizers, watering techniques, potting mixes, cleaning and propagating. The plant list is organized by height, overall size, color and textural features.

The format, photographs, descriptions and ideas make this a book you will want in your library.

Chairman Reports (continued)



CALENDARS

Linda McLendon

115 Cedar St. Dudley NC 28333
919-736-1255 mclendon1@aol.com

The 2020 Vision of Beauty Calendars will be available from NGC Member Services at the 2019 NGC Convention. For groups within the state, consider purchasing these in bulk and selling them through your group.

GARDENS: COMMUNITY GARDENS/ CONTAINER GARDENING

Gail Hill

5512 Seven Gates Dr. Greensboro NC 27410-2694
336-292-8007 bgthill_gail@aol.com

“Getting Ready For Your Spring and Summer Gardens”

It's never too early to start planning your garden! Now or even earlier is a perfect time to get your hands on some seed catalogs, if you wish to start from seed to grow your plants. During the winter, it's fun to thumb through the pages of seed catalogs, discovering the wide variety of flowers, vegetables, and fruit that might fit your growing zone. Start dreaming and planning.

Some of the catalogs are listed here. This is simply a list of some of the favorites. **NOTE:** More and more seed companies are discontinuing print catalogs and putting them on online. I've tried to give you an updated list, but if you see any outdated information, please excuse it.

GARDEN SEED CATALOGS AND WEBSITES:

Baker Creek Heirloom Seeds
2278 Baker Creek Rd.
Mansfield, MO 65704
417-924-8917

www.rareseeds.com

Catalog free

Gilbert H. Wild & Son
2944 State Hwy 57
Reeds, MO 64859
888-449-4537

gilberthwild.com

Catalog free

Bluestone Perennials
7211 Middle Ridge Rd.
Madison, OH 44057
800-852-5243

www.bluestoneperennials.com

Catalog fee

Park Seed Company
3507 Cokesbury Rd.
Hodges, SC 29653
800-845-3369

www.parksee.com

Online and print catalog Free

Brent and Becky's Bulbs Southern Exposure Seed Exchange
7900 Daffodil Ln. PO Box 460
Gloucester, VA 23061 Mineral, VA 23117
877-661-2852 540-894-9480

www.brentandbeckysbulbs.com

Catalog free
catalog

www.southernexposure.com

Online catalog and free print

Burpee Seed Company
300 Park Ave.
Warminster, PA 18974
800-888-1447

www.burpee.com

Catalog free

Timeless-Tomatoes
1673 CR 1350
Wilber, NE 68465
402-821-7800

www.timeless-tomatoes.com

Dutch Gardens
4 Currency Dr.
PO Box 2999
Bloomington, IL 61702
800-944-2250

www.tulipworld.com

Happy Gardening,

Tulip World
8480 North 87th St.
Milwaukee, WI 53223
866-688-9547

www.dutchgardens.com

GARDENING SCHOOL/CONSULTANTS COUNCIL

JoJean Scott

7961 Twin Bridges Rd. Alvaton KY 42122
270-781-2089 jojogarden.34@gmail.com

For all SAR Gardeners!

The South Atlantic Region has set a goal for achieving Gardening School Chairmen for each of our 5 states. Congratulations to the Garden Club of North Carolina and State President, Gail Hill! Charles McLendon is the new Gardening Schools Chairman for North Carolina. Thank you, Charles, for accepting this responsibility and good luck with planning your North Carolina Gardening School Course 1.

The Garden Club of Kentucky has a Gardening School Chairman, a Gardening School Consultants' Council and has just completed a successful Course 1 in Bowling Green, Kentucky

HISTORIC GARDEN PRESERVATION

Katy McClane

185 High St. Elkins WV 26241-4009
304-642-9511 katy.mcclane@gmail.com

Have We Forgotten about Tree Lawns?

A tree lawn is a strip of ground between a road and a sidewalk in which

(Continued on page 8)

Key Notes

January 2019

www.southatlanticregiongardensclubs.org

(Continued from page 7)

trees are planted in a row. There is usually grass or some kind of ground cover under the trees.

In the U.S.A. in the 1890s, a design for urban landscaping became popular. It was part of something called the *City Beautiful Movement*. Cities in many parts of America planned sidewalks with tree lawns in streets in residential neighborhoods, as well as business districts. City Parks also became popular at that time. Grand architecture and statues became popular.

The City Beautiful movement was a reform philosophy of North American Architecture and urban planning. The idea was to bring beautification and architectural grandeur to more people and improve their quality of life, as well as promote a harmonious social order.

In my hometown of Elkins, WV in 1893, Senators Davis and Elkins set aside land for our Elkins City Park between Sycamore and Park Streets. Today large, white oak trees dominate the park. According to some accounts there were already very ancient oak trees at this site and when those trees died, they were replaced with new oak trees and other species. The street adjacent to this City Park is called Sycamore Street with very large sycamores overhanging the street today. These grand trees make quite an impression as you drive past the city park and see the beautiful Davis and Elkins College campus on the other side, as it sweeps up the hill. D&E College has wonderful groves of trees all over campus and a 100 acre wood dominating the hill top.

Elkins had beautiful, mature tree lined streets when electric power came to town in the early twentieth century. Power lines were strung in alley ways to avoid interfering with large shade trees. When the Forest Festival started in Elkins in the 1930s, there were magnificent, colorful maples and red oaks everywhere in the city, offering a blaze of fall color

Today urban planning is a technical and political process. Urban planning deals with the physical layout of human settlements. The primary concern is the public welfare, which includes considerations of efficiency, sanitation, protection and use of the environment, as well as effects on social and economic activities. It is closely related to the field of urban design.

After WWII, developers built ranch style houses on lots without sidewalks or tree lawns. The GI bill was a great way to provide housing for growing families, but builders did not plan for sidewalks or street trees in the 1950s and 60s. Utility companies began to ignore the plan to keep power lines in alley ways. Trees were cut or topped to make room for power lines.

These days, the Arbor Day Foundation with the help of urban foresters, sponsor a program called Tree City USA. This program helps towns and cities become greener and greener by planting trees and shrubs. To find out if your municipality is a Tree City USA, go online (see sources below). With the dangers of climate change upon us, planting trees is more important than ever. The Arbor Day Foundation says that "trees are simply amazing. They clean the air and water, slow climate change, prevent species loss and feed the human soul."

Let's bring back tree lawns in our towns and cities and nurture the ones we already have.

Sources

https://en.wikipedia.org/wiki/City_Beautiful_movement
 Shade Tree History in Elkins, WV – article by Dr. Heather Biola
<https://www.arborday.org/>
<https://www.arborday.org/programs/treecityusa/>

MEDIA/VIDEOS/DVD PROGRAMS

Dorothy Richardson
 P.O.Box 14 Loris SC 29569
 843-756-7413

This Chairman would like to let you know that we have lots of exciting garden-related Programs. If you need a program on a particular subject please contact NGC Headquarters, MEMBER SERVICES.

Email: headquarters@gardenclub.org, phone: 314-776-7574, Address: 4401 Magnolia Avenue, St. Louis, MO 63110

NEW AND IMPROVED CULTIVARS

Charlotte Croft

725 N. Pine Valley Rd. Winston-Salem NC 27106-5507
 336-416-4871 cchudgens@mindspring.com

It is winter time and the seed and plant catalogs are packing my mailbox. Spring is coming!

One of my favorite calendrical rites of passage is the new Seed & Plant catalogs that are stuffing my mailbox. As a horticulturalist, I keep my finger on the xylem and phloem of what is going on in our plant kingdom on a daily basis but in the winter time things get a little slow. Those catalogs really help to put some "Spring" in my step. The plants highlighted today are helpful to our pollinators and wildlife.



First, check out this new 2019 variety of *Heuchera* called **Dolce**® Wildberry. The bright purple leaves will make a statement in your shade garden winter, spring, summer, and fall! It has white flowers with rosy pink calyxes which are stunning against those leaves. This *Heuchera* likes: Light: Part Shade to Shade, is hardy Zones

4 to 9, will grow to a height of 10" to 14" and blooms early to mid summer.



Next is the Dwarf Butterfly Bush (*Buddleia*) Pugster® Amethyst Butterfly bush is a dwarf plant that produces full sized flowers."Pugster" comes from these plants' resemblance to a pug - short, stocky, and adorable! There are five colorful varieties to choose from: Pugster Amethyst, Pugster Blue, Pugster Periwinkle, Pugster Pink,

and Pugster White.

This new variety is wonderful in the garden because you get the small size plant (we all know the standard sized *Buddleia* can get a little large and unruly in the garden), but you don't give up any of the bloom size. It has true-blue fragrant flowers that are full-sized and bloom continuously from summer to fall on a compact, dwarf frame. Thick, sturdy stems ensure better winter hardiness in zone 5 than other dwarf butterfly bush. Pugster attracts Bees & Butterflies and is resistant to deer and rabbits. Because of its size and ease of maintenance, this plant can be used in any sunny places in your garden like borders, containers, specimen or focal point, groundcover and mass plantings.



All gardens need to have the perennial *Monarda* and this 'Leading Lady Orchid' Bee Balm *Monarda* hybrid is certainly worth a spot in your garden. This easy early blooming bee balm should be front and center in your flower border to create a colorful swath of reddish purple to light pink bicolor flowers. "Say hello to my little friends, Butterflies, Bees & humming-

birds" when you have this plant in your garden! It is a plant native to North America, has fragrant flowers and can be used so many ways in your landscape design. In all of my years of growing *Monarda* I will offer one piece advice: they seem to get powdery mildew if you do not have good air circulation. So try not to crowd them. Lastly, top dress the soil around the drip line of the plant with Epsom salts. It seems to help no matter what is ailing you! Use that for all your plants too. Well back to my catalogs. Happy New Year to Everyone!

NATIONAL GARDEN WEEK

Mary Dixon

132 Moonlight Point Suffolk VA 23434-9300

757-934-3420 mdixon2643@aol.com

Hope everyone had a great National Garden Week last June. If you did any special projects hope you took some pictures to submit with your entries for an award. Even if you don't wish to enter for the SAR award then share with us what you did so others have ideas for this year. Hopefully you have included National Garden Week in your club plans for 2018-2019. If you haven't done that yet, please consider doing a project and letting this chairman know what you have planned..



SOUTH ATLANTIC REGION DIRECTORS PROJECT 2017-2019

Sandra Dutton

4429 Smithfield Rd. Knightdale NC 27545

919-26691329 r_dutton@bellsouth.net

Plant, Protect, and Preserve our South Atlantic Region; Its national parks, state parks, public lands and community spaces.

Plant, protect, and preserve our South Atlantic Region: Its National parks, state parks, public lands and community spaces. I am excited to see how the clubs in South Carolina, North Carolina, Kentucky, Virginia and West Virginia have planted, protected and preserved our green spaces this year. I have traveled in the other four states and seen all the beautiful areas in each state. Please send me your projects you have worked on this year.

I was reminded the other day when I attended a funeral how important words are in all the things we do. It made me think about reading the awards and words we use to describe a garden. Some words may be herb, botanical, shady, perennial, formal, etc. if we want to help the person reading the award, we can add words such as lush, delightful, exotic, sunny, shady, or fragrant, magnificent or bold. This gives the reader a picture of the garden. Adding some color words would put you in the garden. Some examples may be "There was a circular lawn with a path around it." Add, "out side the lawn area were fragrant beds of white and pink roses, close to the oval pond with exotic lilies springing from the crystal blue water."

I look forward to reading and judging all these projects this year. Remember, an award only takes 3 pages, before and after pictures, an explanation of your reason for the project and be sure to have a picture of all the members participating.

This South Atlantic Region Director's Project is a \$100.00 Award and I am sure your club could use the money and as many beautiful areas as there are in the South Atlantic area, there should not be any problem to find a special area to begin this project.

REMEMBER: The crucial part of the application should explain why the club decided on the project, purpose of the project, what they hope to gain and did the project accomplish the purpose. Express if those who participated in the finished project, finished the project with a sense of being a part of protecting and preserving our lands.

THE CORRIE WHITLOCK MEMORIAL SCHOLARSHIP FROM SAR

Phebe Kirkman

101 Brampton Court Winston-Salem NC 27106

336-774-0118 pinkland2@aol.com

A rising Junior or Senior in College and/or a graduate student are eligible to receive the Corrie Whitlock Memorial Scholarship or the SAR Scholarship. Each state within the South Atlantic Region may submit one application to be in competition for a Scholarship. A qualifying student is one majoring in the study of Horticulture, Floriculture, Landscape Design, Botany, Plant Pathology, Biology, Forestry, Agronomy, Environmental Concerns, City Planning, Land Management and/or allied subjects.

Two Scholarships are given each year. The Scholarship amount is determined by the SAR Board of Directors, and the winners announced each year at the SAR Conventions. Applications will be judged on the following scale:

Academic Record	40 %
Applicant's Letter	30 %
Listing of Honors/ Extracurricular Activities/ Work Experience	10 %
Financial Need	15 %
Recommendations	5 %

Applications must be sent to the state scholarship chairman by February 1. This chairman will forward it to the regional chairman by March 1.



YOUTH – GIRL SCOUTS

Carolyn King

13332 N. Edgewater Dr. Charleston SC 29407-7611

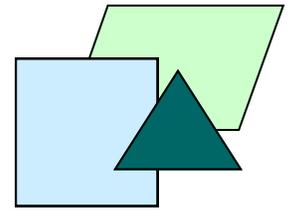
843-763-6145 cskingworld@aol.com

I hope 2019 will be a healthy and happy year for all of our garden club members, and we will complete many new projects. Over the past few months, I have attended several garden club meetings and talked about our youth and earning the Girl Scout Patches. This past Spring, The Garden Club of Charleston, with the help of a Girl Scout Troop, created a Butterfly Garden at the Girl Scouts of Eastern South Carolina building. It was a lovely sight to watch the butterflies as they discovered the flowers and plants to feed from.

Please let me hear about the projects you have done with the youth and the Girl Scouts in your area. It is always a pleasure to hear what is happening with our youth in all the SAR States. I look forward to helping your clubs in any way I can.



Chairman Reports (continued)



YOUTH: SMOKEY BEAR/WOODSY OWL POSTERS

Barbara Ohmsen
2881 Meadow Wood Dr. E. Chesapeake VA
23321-4243
757-484-1753
basohmsen@cox.net

I hope that if your club is sponsoring this contest, you have received the entry posters, judged them and sent them on to your district and state chairmen!



SOUTH ATLANTIC REGION CONVENTION 2019

South Atlantic Region 2019 Convention
“The Beauty of Nature: Protect, Preserve,
Enjoy”
DoubleTree by Hilton in Williamsburg, Virginia.
March 28-30, 2019

South Atlantic Region 2019 Convention

RAIN OR SHINE, SNOW OR STORMS we will be having the South Atlantic Region Convention March 29 - 30, 2019. Please send in your registration and make your reservations with the DoubleTree by Hilton in Williamsburg, Virginia. We want you to be there and need to know how many special things we need to have for your registration package!

If you have not seen David Pippin and Al Brockwell as the Dueling Designers then this is your chance as they are the design program on Friday, March 29th for lunch. There will be two terrific programs on Thursday, March 28th with *The Gardening Angel* and a Rescuer as well as David Roos for dinner that night. Gordon Chappell of Williamsburg will have a program on *Cottage Gardens* for the Friday night dinner. The Director and Alternate Director for 2019 - 2021 will be installed that evening also.

Our meeting ends with the awards brunch on Saturday and a brief board meeting of the new board for 2019 - 2021 and we know the retiring Director as well as the incoming Director will appreciate your support at this meeting. There will be shopping and fun things to do.

Please register and come.

Mary Dixon, SAR Convention Chairman
Loy Holt, SAR Vice Convention Chairman



Incoming SAR Director

At our last SAR Convention we were introduced to the next SAR Director who is Carolyn McCafferty of West Virginia.

The Alternate Director will be June Ashworth. They will be installed at this SAR Convention. We hope you will be there to give them your support.

Key Notes

January 2019

www.southatlanticregiongardenclubs.org

The Registration Form and Schedule for the SAR Convention can be found on page 13

National Garden Clubs



Nancy Hargroves
2017-2019 NGC President

Theme:
"Plant America"



NATIONAL GARDEN CLUBS CONVENTION

"Gathering on the Gulf"

April 29-May 2

Beau Rivage Hotel

Biloxi MS

Make your plans now to attend the NGC Convention next spring in Biloxi MS. Look for all the information on the NGC website. and in the National Gardener.

This is an installation year.

We have always has good programs at conventions, and this should be informative and entertaining too.

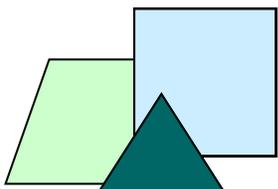
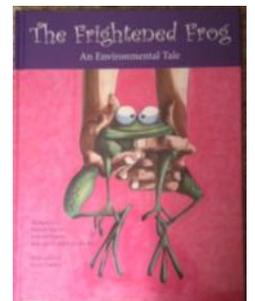
YOUTH PROJECTS

National Garden Clubs is continuing "The Frightened Frog" program with the book. We now have another book to use with children, "The Saved Seed", tracing the life of a pumpkin seed. This book is also \$10 and can be ordered from NGC Member Services.

As has been done for many years, we will continue to sponsor the Smokey Bear/Woodsy Owl Poster Contest. Don't forget the Poetry Contest for K-9. This year's topic is "Pop Goes the Seed". The HS Essay contest for grades 9-12 has the topic "The Impact of Bottled Water on the Environment and the Water Supply". All rules may be found on the NGC website.

And finally there is the Youth Sculpture Contest open to grades 4-8. The sculpture is to be made of recycled, reused, or reduced items.

All details can be found on the NGC website.

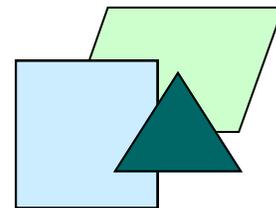


Key Notes

January 2019

www.southatlanticregiongardenclubs.org

Odds 'N' Ends



Schools Coming Up

Landscape Design School:

Course 1: May 15-16 Morgantown WV; Apr. 8-9 Richmond VA

Course 2: Aug. 13-14 Raleigh NC

Course 3: Feb. 11-12 Raleigh NC

Course 4: Jan. 14-15 Charleston SC

Flower Show School:

Course 1: Aug. 1-3 Moundsville WV

Course 4: Feb. 18-20, 2019 Moncks Corner SC; Feb. 25-28 Richmond VA; Apr. 15-17 Winston-Salem NC

Course 4 Apr. 15-17 Winston Salem NC

Gardening School:

Course 3: Mar. 12-13, 2019 Bowling Green KY; June 10-11 Raleigh NC

Course 4: Oct. 22-23 Raleigh NC

Conventions

KY: April 9-11 Berea KY

NC: April 7-9 Greenville NC

SC: April 11-13 SC

VA: March 31-April 2 Williamsburg VA

WV: March 21-23 Martinsburg WV

SAR Convention

March 28-30 Williamsburg VA

NGC Convention

April 29– May3 Biloxi MS

National Garden Week

June 2-8

NGC Mission Statement
National Garden Clubs, Inc provides education, resources, and national networking opportunities for its members to promote the love of gardening, floral design, and civic and environmental responsibility.



Key Notes

January 2019

www.southatlanticregiongardenclubs.org

Don't forget! The deadline for the April 2019 Key Notes is March 20. That way the issue can be distributed during in early April.

SOUTH ATLANTIC REGION CONVENTION
MARCH 29-30, 2019
Fifty-eighth Annual Convention
“The Beauty of Nature: Protect, Preserve, Enjoy”
DoubleTree by Hilton Hotel
50 Kingsmill Road, Williamsburg, VA 23185

Registration: Please complete form, make check payable to “SAR 2019 Convention” and mail both to Claudia H. Cosby, 3015 Mount Hill Drive, Middlethian, VA 23113-3923. For info: chcosby@verizon.net
Postmark by February 25, 2019 for On Time Registration.

Last Name _____ **First** _____ **Middle Initial** _____
Address _____
City _____ **State** _____ **Zip** _____
Phone _____ **E-mail address** _____

Please check _____ if we may email your acknowledgement.

- Check ALL that apply:**
- NGC Officer SAR Director SAR Officer
 NGC Chairman Former SAR Director SAR Chairman
 NGC Life Member SAR Life Member State President
 Club President Club Member Elected Delegate
 Guest Spouse

Please mark the plan of your choice:
(Full convention includes: Registration, Thursday Banquet, Friday Lunch and Banquet, Saturday Breakfast)

Full Convention – Non-Virginia Members	\$190.00
Full Convention Virginia Members	\$185.00
Full Convention Spouses	\$180.00
Thursday Luncheon-Former SAR Directors, Finance & Executive Committee	\$
35.00 _____	\$ 50.00
Thursday Banquet and Program	\$
Friday Luncheon and Design Program	35.00 _____
Friday Banquet and Program	\$
55.00 _____	\$
Saturday Breakfast and Awards Program	\$ 25.00
Part Time Registration	\$ 25.00
Additional Late Registration Fee – After February 25 2019	\$ 25.00
TOTAL ENCLOSED	\$ _____

Please indicate special dietary requirements:
 Diabetic _____ Heart _____ Vegetarian _____ Gluten _____ Other _____
No Refunds after March 10, 2019

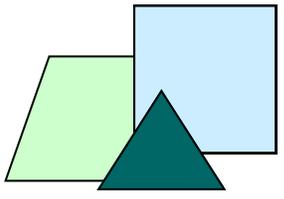
Hotel Reservations:
DoubleTree by Hilton, 50 Kingsmill Road, Williamsburg, VA 23185
 Call: 1-800-222-8733 & reference group name: South Atlantic Region Associations 2019 or Code: SAG
 Room rate is \$119.00 for standard room or \$139.00 for suite rooms, plus taxes and \$2.00 fee.
 Note: Hotel cut-off date is February 26th, 2019.

Wednesday, March 27, 2019 Early Arrivals – must register early as there is a limited block of rooms
Thursday, March 28, 2019
 8:00 am – Noon Exhibit Room Setup
 8:00 am – 5:00 pm Registration
 8:00 am – 6:00 pm Flower Room Open
 10:00 am – 11:00 am Finance Comm. Meeting
 11:00 am – Noon Executive Comm. Meeting
 Noon Exhibit Room Opens
 Noon Luncheon – Executive Committee and Former Directors
 2:00 pm – 3:00 pm Program – Shelley Fones
“The Gardening Angel”
 3:30 pm – 4:30 pm Program – Tommy White
Alton’s Keep Wild Bird Rescue
 6:00 pm – 7:00 pm Social Time
 7:00 pm – 10:00 pm Dinner & Program
 David Roos – *“Spring Is Time To Clean Gardens”*

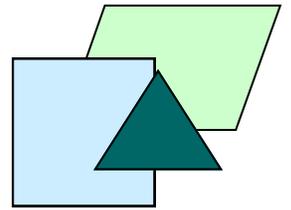
Friday, March 29, 2019
 8:00 am – 5:00 pm Flower Room Open
 8:00 am – 5:00 pm Registration Open
 8:00 am – 5:00 pm Exhibit Room Open
 9:00 am – Noon Official opening of Convention
 12:15 pm – 2:30 pm Luncheon & Program
The Dueling Designers
 3:00 pm – 4:00 pm Program: Les Parks
 4:15 pm – 5:15 pm Program: Oasis Products
 6:00 pm – 7:00 pm Social Time
 7:00 pm – 10:00 pm Dinner & Program
 Gordon Chappell *“Cottage Gardens”*
 Installation of 2019 – 2021
 Director & Alternate Director

Saturday, March 30, 2019
 8:00 am – 9:00 am Registration Open
 9:00 am – 11:00 am Branch – Awards Program
 11:00 am – Noon SAR 2019 – 2021 Board Meeting

Key Notes *January 2019*
www.southatlanticregiongardenclubs.org



The South Atlantic Region Member States



Key Notes October/January 2019 October 2018
www.southatlanticregiongardenclubs.org

**Pleased Share This Newsletter With Clubs In Your
State And With Members Of The State Boards
Thank You**